

## Hollywood Smiles Professional Teeth Whitening



### It all starts with a smile

Relax under one of the most comfortable and advanced teeth whitening systems available the starlite accelerated whitening system uses advanced third generation LED blue light technology which safely and gently removed years of staining caused by lifestyle and ageing. In one session lighten your smile from 2 - 10 shades lighter with little or no sensitivity. Your brightest smile is now within reach!

<b>1 hour treatment for maximum results</b>	<b>£99.00</b>
<b>20 mins express top up treatment</b>	<b>£69.00</b>

## hi handsome !

come on men, don't let the women get all the pampering.

**Get in on the act.**

### FACIALS

**SOLUTION OPTI-MALE (1 hour) £40.00**

A genuine relaxing bubble for incomparable well-being and comfort. This special men's treatment composed of hematite extracts stimulates and eliminates impurities for thoroughly cleansed skin and relaxed features.

### EYES

**Gents eyebrow wax (15 mins) £8.00**

**Gents eyelash tint 30 mins £14.00**

**RELAXING FULL BODY MASSAGE (1 hour) £55.00**

Combat stress and fatigue with this full body massage, with gentle stretching movements to leave you feeling relaxed and calm. Lie back and relax as your expert therapist eases stress and invigorates the whole body using an intense combination of pure aromatic oils and specialist massage.

**BACK, NECK AND SHOULDER MASSAGE (30 mins) £30.00**

A relaxing and soothing massage, great for easing tension in the shoulder area. You will feel on top of the world after this treatment.

**PEDICURE (45 mins) £23.00**

Heaven for your feet. Your feet will be soaked in a foot bath then your feet and legs exfoliated. A rasp will be used to reduce hard skin, then cuticle work performed. Your nails will then be filed. A lovely foot and leg massage with cooling gel will be performed, leaving you feeling refreshed.

**MANICURE (45 mins) £23.00**

Your nails will be soaked, then hands exfoliated. Cuticle work will be performed and nails filed to a uniform length. A relaxing hand and arm massage will be given using a nourishing cream.

### WAXING

**Chest Wax (30 mins) £23.00**

**Back Wax (30 mins) £23.00**

**Chest and Back Wax (1 hour) £40.00**

## hi cutie !

**little fingers filed and polished £5.00**

**little toes filed and polished £5.00**

**little fingers and toes £9.00**

## BOTOX & JUVEDERM FILLERS

and other cosmetic procedures available

Please ask Anne at hi gorgeous for information

## SHRINKING VIOLET WRAP £45

'Shrinking Violet is a full body wrap treatment performed by a trained professional. This treatment can provide powerful inch loss results, though results can never be guaranteed.

## hi gorgeous!

### GIFT VOUCHERS

**Available for treatments  
and teeth whitening**

01383 720505

anne@higorgeous.co.uk

www.higorgeous.co.uk

# hi gorgeous!



Tel: 01383 720505

Web: [www.higorgeous.co.uk](http://www.higorgeous.co.uk)

Email: [anne@higorgeous.co.uk](mailto:anne@higorgeous.co.uk)

Picture of Health Club  
Keavil House Hotel,  
Crossford,  
Dunfermline,  
Fife, KY12 8NN

# hi gorgeous !

## FACIALS

### PAYOT HYDRA EXPERIENCE (1 hour) £ 50.00

The ultimate re-hydrating facial for dry uncomfortable skin. A "hydration-freshness" mask with cornflower petals is applied on the entire face, neck and décolleté to stimulate all the senses and thoroughly restore the skin's hydration. A unique solution for a complexion that radiates beauty.

### PAYOT PARFAITE EXPERIENCE (75 mins) £ 60.00

An anti-age care experience that simultaneously treats wrinkles, skin slacking and loss of radiance. This sensorial delight allies Masque Gold with 100% natural ingredients (extracts of pine and hibiscus petals) and a modelling massage on the face, the arches of the feet and the scalp, plus a total hand treatment. A programme to pamper you and your beauty.

### PAYOT SOLUTION PURETE (1 hour) £ 50.00

A purifying, balancing treatment for combination or oily skin. Following a micro-abrasion with trace elements to eliminate impurities, the treatment continues with a purifying modelling massage and purifying-cleansing mask, reserved for professional use, to reveal a new skin texture.

### PAYOT SOLUTION TECHNI LISS (1 hour ten mins) £60.00

A professional esthetical peeling salon treatment with visible results from the first treatment. A pioneering blend of high performance active ingredients that acts on all wrinkle forming processes i.e before wrinkles form, on wrinkles that are forming and on established and visible wrinkles, contains hyaluronic acid, vitamin C, Vitamin E, Diamond powder and Smithsonite extract. A balancing smoothing mask is applied to re-establish the skin's PH while smoothing and filling wrinkles.

### PAYOT FLASH FACIAL (30 mins) £ 30.00

Express radiance treatment to rid the skin of its impurities and revive the skin's radiance.

### SUPER FRUIT FACIAL (1 hour) £ 60.00

A real concentration of anti-stress energy, an ultra-fresh peel off mask that is full of super fruits to smooth and stimulate the skin and provide an instant healthy glow effect. The complexion is illuminated, soft and glowing

### JUSTBE RADIANT ANTI-AGEING FACIAL (45 mins) £40.00

This anti-ageing facial stimulates layers of muscles and connective tissue, releasing deep seated tensions and softens habitual expression lines. Uplifting strokes and pressure point massage stimulates the circulation helping to eliminate toxins and plump up the skin. These techniques combined with the natural active ingredients of the Just Be facial range provide an instant feeling of firmness and improved skin elasticity.



## EYE TREATMENTS TINTING -

Please note a patch test is required for new clients at least 24 hours prior to treatment

EYELASH TINT (30 mins)	£14.00
EYEBROW TINT (15 mins)	£7.00
LASH/BROW TINT (30 mins)	£18.00
EYELASH PERM (45 mins)	£25.00
EYELASH PACKAGE (45 mins)	£25.00

Eyelash tint, eyebrow tint and eyebrow wax .

## BODY TREATMENTS

### ALMOND RADIANCE SCRUB (30 mins) £ 35.00

The "cream" of full body scrubs with natural almond extracts. This treatment refines and illuminates the skin. The absolute 'must-have' pre and post, holiday body treatment to maximise your new tan.

### BACK NECK & SHOULDER MASSAGE (30 mins) £ 30.00

The ultimate in relaxation, a lovely massage using specific massage techniques to de-stress and revitalise you

### FULL BODY MASSAGE (1 hour) £55.00

Massage benefits both mind and body. This massage will leave you feeling relaxed and revived, we will target certain areas of the body to help eliminate cellulite or address any other concerns you may have.

### BACK TREATMENT (45 mins) £ 30.00

A complete programme: Exfoliation to eliminate dead cells, a relaxing massage and a purifying mask to relieve muscle contractions and restore a perfect back.

### ST. TROPEZ

### SELF-TANNING TREATMENT (1 hour) £ 40.00

A St. Tropez Original tan treatment is a luxurious lotion tan applied and tailored by an expert. You will receive a full body exfoliation and moisturisation to the relevant areas and a professional application of St. Tropez Tan treatment

### MAKE-UP (45 mins) £25.00

Fancy a treat? Why not get your make-up professionally applied. It will last and last. **GO ON YOU KNOW YOU WANT TO !!**

## WAXING

Full Leg (45mins)	£25.00	Eyebrow, lip & chin (15mins)	£17.00
Half Leg (30mins)	£17.00	Forearms (30mins)	£15.00
Bikini (15mins)	£11.00	Half leg, bikini and underarm (45mins)	£30.00
Underarm (15mins)	£10.00	Full leg, bikini and underarm (75mins)	£40.00
Eyebrow (15mins)	£8.00	Brazilian Wax	£25.00
Lip or chin (15mins)	£8.00	Hollywood	£25.00

### FILE & POLISH (15 mins) £15.00

Have your nails professionally painted using Vinylux polish by CND. It's the polish that defies time.

### MANICURE (45 mins) £25.00

Give your hands a treat. We will soak your hands before exfoliating them to remove traces of dead, rough skin. Your nails will be filed to a length of your choice and cuticle work performed. A very relaxing hand and arm massage will then be performed and to complete the look your nails will be painted in a colour of your choice. **With Shellac +£10.00**

### PEDICURE (45 mins) £25.00

Heaven for your feet! Your feet will be soaked in a bubble bath, they will then be exfoliated to remove dead skin, a rasp will be used to remove hard skin on stubborn areas. Your nails will be filed, cuticle work performed followed with a lovely relaxing leg and foot massage. To finish your nails will be painted in a colour of your choice. **With Shellac +£10.00**

### CALLUS PEEL

Don't just dream about pretty feet, it's now a reality!

**Callus Peel on heels £15.00**

**Callus Peel on Heels and Balls of feet £20.00**

**Callus peel on heels with file and polish £25.00**

**Callus peel on heels and balls of feet with a file and polish £30.00**

### SHELLAC (30 mins) £15.00

Super shiny nails that last and last for up to two weeks! Your nails will be filed, cuticle work performed and a colour of your choice applied.

### GEL NAILS

Clear gel overlay applied to nails to give strength **£25.00**

Gel applied to nails with white tips, gives a natural French look **£30.00**

### WEEKEND PARTY LASHES & BROW TIDY (30 mins) £20.00

Great way to enhance your eyes, cluster lashes applied to give a false lash look but are as light as a feather, and with a brow tidy you will be looking gorgeous!

## PACKAGES

### REFRESH & REVIVE! (1 hour, 15 mins) £ 60.00

2 x 25 mins treatments, choose from:

back neck and shoulder massage

flash facial

full body salt scrub

**PLUS** File and polish on toes or fingers

### SOOTHE & RELAX (1.5 hours) £ 70.00

Choose from:

Full body massage & Flash Facial

or

Luxury facial and Back, Neck & Shoulder Massage

### HOLIDAY PACKAGE £55.00

Be bikini ready with this fab package. Bikini wax, Full leg wax, Underarm wax, Eyebrow Wax and Eyelash tint.

### WEDDING MAKE-UP £70.00

We know you will want to look your best on the big day. We will work with you to create the look that you're after. A full consultation and trial make-up is included in the price.

### Mother of the bride and guests make up £25.00